

## SUNDAY MASS

### ENTRANCE ANTIPHON:

Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit; for he has shown us his merciful love.

**FIRST READING:** Exodus 34:4-6, 8-9.

**RESPONSORIAL PSALM:** Daniel 3:29-34.

### RESPONSE:

You are to be praised and highly exalted forever.

1. Blessed are you, O Lord, God of our fathers, and to be praised and highly exalted forever; and blessed is your glorious, holy name and to be highly praised and highly exalted forever. **R**
2. Blessed are you in the temple of your holy glory and to be extolled and highly glorified forever. **R**
3. Blessed are you upon the throne of your kingdom and to be extolled and highly exalted forever. **R**
4. Blessed are you, who sit upon cherubim and look upon the deeps, and to be praised and highly exalted forever. **R**
5. Blessed are you in the firmament of heaven and to be sung and glorified forever. **R**

**SECOND READING:** 2 Corinthians 13:11-13.

### GOSPEL ACCLAMATION:

Alleluia, alleluia! Glory be to the Father, and to the Son, and to the Holy Spirit: to God who is, who was, and who is to come. Alleluia.

**GOSPEL:** John 3:16-18.

### COMMUNION ANTIPHON:

Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

## THE WEEK AHEAD

# Live the Word

**Mon 1 Jun St Justin, M**

2 Peter 1:2-7; Psalm 91; Mark 12:1-12

"We used to hate and destroy one another and refused to associate with people of another race or country. Now, because of Christ, we live together with such people and pray for our enemies." – St Justin

**Tue 2 Jun (St Marcellinus & Peter, Ms)**

2 Peter 3:12-15, 17-18; Psalm 90; Mark 12:13-17

As we honour these two martyrs, ponder your own call to lay down your life selflessly for others. Dying to yourself, and living sacrificially and selflessly. Pray for the grace and courage to be a witness to Christ.

**Wed 3 Jun St Charles Lwanga & Companions, Ms** 2 Tim 1:1-3.6-12; Psalm 123; Mark 12:18-27

Charles Lwanga and his companions stood firm in their faith, offering their lives as a testament to the truth of the Gospel, inspiring generations to remain steadfast in Christ.

**Thu 4 Jun CHRIST THE HIGH PRIEST**

Genesis 22:9-18; Psalm 40; Matthew 26:36-42

"He holds his priesthood permanently... He is able to save to the uttermost those who draw near to God through him, since he always lives to make intercession for them". – Hebrews 7:24-25

**Fri 5 Jun St Boniface, BM**

2 Timothy 3:10-17; Psalm 119; Mark 12:35-37

St Boniface was known as the Apostle to the Germans. He emphasized standing firm in faith and trust in God amid adversity, often encouraging believers to avoid being "silent onlookers".

**Sat 6 Jun (St Norbert, B)**

2 Timothy 4:1-8; Psalm 71; Mark 12:38-44

"It is by love that God has always led me, by love that God reproves me, by love that God lets me see love in all". – St Norbert, on how God's love permeates every part of our lives.

**Sun 7 Jun CORPUS CHRISTI**

Deuteronomy 8:2-3.14-16; Psalm 147; John 6:51-58

St Francis of Assisi referred to the Eucharist as "sublime humility" in God hiding under the form of bread. St Carlo Acutis said that "The Eucharist is the highway to heaven".

**KEY:** SOLEMNITY; FEAST; Memorial; (Optional Memorial) Ms=Martyrs; B=Bishop; M=Martyr

# Catholic Link

## FEAST OF THE MOST HOLY TRINITY

Trinity Sunday • Year A  
Divine Office: Week 1 • 31 May 2026

# O Trinity of Blessed Light

One of the challenges in being a Christian is to sort out the difference between a problem and a mystery. An example of a problem would be something like finding a good translation of the Bible to suit one's purposes. As to mystery, most of our doctrines are given this description, such the "mystery" of the Trinity, or the "mystery" of the Eucharist.

Generally, we can work out answers to problems, nowadays almost by reflex going straight to Google. Solutions are found, end of problem! But mysteries (like our life itself) are realities we live with; we can know something about them but there is always something which escapes or transcends us and leaves us mystified.

With these words of caution, let us now ponder the greatest mystery of all, the mystery of God, Father, Son and Spirit. Since the very beginning, the Church has been pondering this mystery of three persons in one God! Over centuries of prayerful contemplation, and at the Council of Nicaea in 325 AD, which we studied last year, the Church articulated the creed of our faith in the mystery of Father, Son and Spirit.

Jesus himself lifted the veil on the real meaning of "God" when he revealed the Father, "To have seen me is to have seen the Father.... I came in the Father, and the Father is in me.... I came from the Father and now I go to the Father.... Father, may they all be one in us as you are in me and I am in you" (See John Chapters 14 - 17). In revealing God as

Father, Jesus is also revealing his own identity as Son of the Father.

Jesus also reveals the Spirit: "I will ask the Father, and he will give you another Advocate, to be with you for ever, the Spirit of Truth... When the Spirit of Truth comes, he will lead you to the complete truth since he will not be speaking from himself, but he will say only what he has learnt" (John 14:16).

Our creeds also speak of the work of the three divine persons. The Father creates all that exists; the Son became human to redeem humankind from sin and for grace; the Spirit sanctifies all who turn to God.

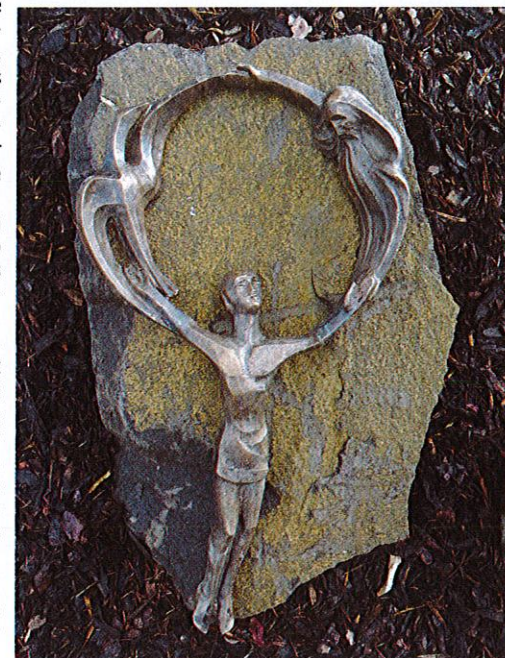
Ten years ago, Pope Francis canonized a French Carmelite nun, St Elizabeth of the Trinity. Her short life (she died aged 26 in 1906) as an enclosed Carmelite was totally given

over to contemplation of the Holy Trinity. Her prayer, "O my God, Trinity whom I adore", is the epitome of a life radiant with the joy of God, Father, Son and Spirit. In her prayer she addresses each divine person:

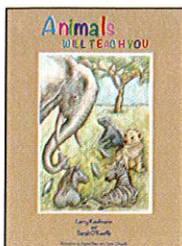
"O my beloved Christ, may my life be but a radiance of thine own. Come and dwell in me as Adorer, as Restorer and as Saviour".

"O consuming fire, Spirit of love, descend upon me and effect in my soul as it were an incarnation of the Word ... wherein He renews all His mystery."

"And Thou, O Father, incline thyself towards thy poor little creature ... seeing in her only thy beloved Son in whom you are well pleased".



Trinity sculpture, bronze on stone in the Maria Laach sculpture garden, Wikimedia Commons, by Karbohut, 2017



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"These reflections on animals and what they teach us is a masterpiece", writes Prof. Tony Kelly, a prominent theologian known for his own use of stories. The title comes from God's advice to Job "Ask the animals and they will teach you." (Job 12:7). Written for children, Father Larry Kaufmann is sure that all age groups will enjoy the book.

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Mass Times	Tues 09h30	Wed No mass	Thurs No Mass	Fri 08h00	Sat 08h00 17h00	Sun 07h30 10h00	Confessions Tues 10h00 Sat 08h30
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Baptism of children: Book with the parish secretary and collect the form. Attendance of one short instruction is required.

Please support your parish: "St Patrick's Catholic Church" Benoni, Standard Bank. Current Account number: **021 095 612** (Branch code: 013042). To join our monthly Dedicated Giving contact Tanya; bookkeeper@stpatricksbenoni.co.za or on 060 327 2998.

Our "Society of St Vincent de Paul" helps the poor – on our behalf – irrespective of race, colour or creed. Please support them: Society of St Vincent de Paul, Standard Bank, Boksburg, Current Account no. 220930287.

Given the gift of eternal life in Baptism: MC Kyle Uzoanakwe and Giahne Kramm.

This coming Friday, 6 June is **First Friday**. Mass in the morning is at 8.00am. In the evening, Holy Hour and Benediction are at 5.00pm followed by mass at 5.30pm. You may park in the School grounds in the evening.

The Divine Mercy chaplet will be said every Friday at 3.15pm. Everyone is welcome.

The Knights of da Gama are having a **Bingo** Evening after Mass on Saturday 20 June in the Hall at 6.30pm. Please bring your family and friends along. Light snacks will be on sale. The bar will be open. Contact Jose 082 546 8505.

Saint Vincent de Paul will be taking their monthly collection, after all masses this coming weekend Saturday 6 June and Sunday 7 June.

Fathers' Day is Sunday 21 June. We will be having a raffle of special gifts for our dads. Tickets at R10.00 will be on sale after mass and in the parish office from next weekend 6 and 7 June.

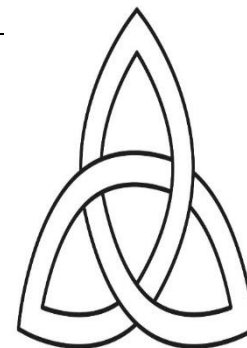
To make a donation to St Patrick's or give your collection at mass: Use SNAPSCAN by downloading the app on your phone and holding it over the QR code on the right.



PKW231447

*The Lord...proclaimed his name. (Exodus 34:5)*

Have you ever wondered why the Church chooses some readings for its special feast days? Take today's feast, for example. It's dedicated to the Holy Trinity, but nowhere in these readings do we have a clear spelling out of this crucial doctrine of our faith. In the first reading, for instance, Moses actually gets to see God and hear him proclaim his name: Yahweh. He also learns who this God is: "a merciful and gracious God, slow to anger and rich in kindness." Beautiful truths, but nothing about the Trinity.



Granted, the three Persons of the Trinity do appear in the second reading, but only in the form of a final blessing from the apostle Paul. And the focus seems to be on grace, love, and fellowship more than on the truths of three divine Persons in one God.

Then in today's Gospel, the apostle John tells us about the way God loves his people-- through humility, sacrifice, and self-giving. He tells us of a God who "did not send his into the world to condemn the world, but that the world might be saved through him".

So why do we have these readings for this feast? Because at the heart of today's feast is not a solution to a mathematical puzzle of how God could be three in one. Rather, it's a divine mystery, that our God, who is a Trinity of divine Persons, loves us and longs to reveal himself to us. It's the promise that his revelation has the power to melt our hearts and heal our souls.

A God of mercy and kindness. A God of constant blessing. A God who saves and doesn't condemn. These are the Trinitarian truths he wants to reveal to you on this marvelous feast day. These are truths that can become the foundation for every aspect of your life. Let him proclaim his name to you.

*"Lord, help me to live every day in the name of the Father, and of the Son, and of the Holy Spirit."*